

DEC | 2019



# GB NET

GIRLS' LIVES TRANSFORMED, GOD'S WORLD ENRICHED



FRUITFUL & OVERFLOWING - LIVE JOYFULLY

## The Editor's Note



Shalom fellow girls, officers, brothers and sisters in Christ. Once again, I would like to express my appreciation to those who have contributed their stories and sharing in this December 2019 GB Net Issue.

Time flies, we are now coming to the end of 2019. As I reflect upon this year, I am both thankful and grateful, I thank God for His faithfulness towards Girls' Brigade Malaysia. 2019 is also another year filled with much celebrations and joy across different parts in Malaysia, as we celebrate, let's also continue to remind ourselves as part of GB, we will continue to seek, serve and follow Christ in our daily lives.

This is also a good time to for us reflect on our 2019 and count our blessings, be it good or bad, God is with us always and we have more than 10,000 reasons to be thankful and we shall continue to be a channel of blessings to others.

The Girls' Brigade Malaysia theme for 2020 is **FRUITFUL AND OVERFLOWING - Showing Kindness, Impacting Lives**. We are constantly reminded on Colossians 3:12, 'Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.' Let us all be united and humble ourselves as we together serve Him as ONE body in Christ.

Once again, thank you very much from the bottom of my heart. Enjoy reading and feel free to share with us your stories in the future. Feel free to email to [cindychow8913@gmail.com](mailto:cindychow8913@gmail.com).

Have a Joyful Christmas and Blessed New Year 2020 and I pray that we all will have a wonderful bonding fellowship time with our family members and friends.

Blessings and Love,  
Lt. Cindy Chow  
Editor

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## KGC Cadets' Prayer Camp (8-9 August 2019)

The Cadet officers in Kuching Group Council decided to organise an overnight camp for our cadets this year. With the theme "The Lord's Prayer", the girls were taught what 'prayer' is and how to pray through the camp's activities. The 2 day 1 night camp was held at St Faith Church, Kuching.

A total of 50 campers from 10 different GB companies in Kuching joined the camp. The girls were divided into 6 small groups with an officer allocated to each group to guide them through the camp activities. The theme song for this camp entitled 'The Lord's Prayer' and the girls were taught to sing with actions, we also had video sessions and prayer walk where girls get to enjoy and learn to be thankful for God's creation and pray for others through the sessions we had.

The highlight of the camp was on Day 2 where girls went through 6 different stations to learn different parts of the Lord's Prayer in a fun and practical way. The 6 different stations are as follow:

- a. **Our Father who art in Heaven, Hallowed be Your Name:**  
We get the girls to understand God is our Father in Heaven and His name is Holy among others.
- b. **Your Kingdom come:**  
We shared that God is the King of this universe, of

heaven and of His church. Allowing girls to understand how great & how good God is and give thanks to God and help girls to understand and see how God has bless each of them in their school and family

- c. **Your will be done on earth as they are done in heaven:**  
Girls are taught the 10 commandments and that is how they should live their lives and pleasing to God.
- d. **Give us this day our daily bread:**  
Girls are taught on to be thankful for what God has provided for our needs and learn to share with others. We also did some bread craft to remind girls on this prayer. Upon completion of the craft, donuts were given to girls as a surprise and also symbolises the bread.
- e. **Forgive us our sin as we forgive those who sinned against us:**  
Officers gets girls to share on their experience of being hurt or hurting others. Introduced bible verses on forgiveness and how Jesus forgive our sins.
- f. **Lead us not into temptations:**  
This part was brought out by way of games and to make correct decision with some gift rewarding system.

Written by,  
*Lt. Cindy Chow*  
3rd Kuching Cadet Officer



Girls at the 'Give us this day our daily bread' station showing their completed craft.



Group photo in camp T-shirt.



Group photo taken together with the hand print banner stamp by all girls and officers.

*Praise and Worship session where girls learn the action song for the theme song, 'The Lord's Prayer.'*



Photo taken during Prayer Walk in the morning.

I went to England last October for for a vacation so I thought it would be a great time to visit one of the GB England's companies. With the assistance of the Exco, I started planning on this and 4th Morden Girls ' Brigade agreed to accommodate me for a visitation to their company during my stay in England.

During my visitation, Captain Denise, the captain of 4th Morden GB organised an international night where I get to share about Malaysia, including the beauty of Malaysia's multicultural society, the variety of food we have, and of course about GB Malaysia including our programs and activities. Apart from this, they showed me their weekly activities, roll call and dismissal (both were conducted in English). We had fun hanging around together. I was given a surprise on this visit when Captain Denise and her church members prepared Malaysian food for me. There were Satay and Kek Lapis. Our Jalur Gemilang and a world map were pasted on the wall for the girls to identify the location of Malaysia.

In Malaysia, it's most likely only summer or rainy season throughout the year, so our uniform is designed to suit us in our weather. I felt cold and chilly in my uniform when I visited the company as it was winter. England has 4 different seasons, hence, the



4th Morden, GB England

uniform has uniquely designed to suit the seasons and their needs.

Besides, it was a great exposure to see their different way of placing the awards. Every Explore or Junior has a bear named "Floppy". They will bring Floppy home and spend the week with Floppy. They will then record down in a book, either in words, or with some photos or drawing to show and share with everyone what they have done together with Floppy.

Indeed, visiting a foreign GB Company was an eye-opening experience for me. Travelling abroad could be a great opportunity for you to visit their local GB Company. This is a good chance for you to share GB Malaysia to the world. Besides, you will definitely have the opportunity to meet some new friends, learn some new knowledge and this will definitely enrich your journey with memorable experience.

Prepared by :

Lt. Joanne Sek

2nd Kuala Lumpur



Floppy bear



Way of GB England girls place their awards on a bag



Malaysia food prepared in England.

## Prayer Retreat, National Officer Retreat 2019 & GB Sabah 50th Anniversary Celebration

We had something different this year where the National Officers Retreat (NOR) committee organised a Personal Prayer Retreat at Kokol Prayer Submit a day before the NOR and Annual General Meeting (AGM) which was scheduled to start in the next couple of days.



It was a different experience when we quiet our hearts and being just with the Lord before any other matters. We had an afternoon of silent retreat and sessions of sharing at night. It had indeed refreshed both our mind and soul while we get ourselves ready for official matters. Personally, I think we should do this annually to allow officers to rest and recharged in the presence of our Lord. When the sun rises in the morning, it reminded me to be thankful always and to remember how great our God is.

We proceeded to Sky Hotel, Kota Kinabalu for NOR and AGM. Matters were carried out as usual. We had the privilege of having Rev Dr Hii Kong Hock to share

the word of God on our GBM Theme, Fruitful & Overflowing: Live Joyfully. We were reminded that in order to be fruitful, we need to be faithful in proclaiming the Gospel and to fellowship (be in constant Koinonia) in the Ministry.

In conjunction of the GB 50th Anniversary Celebration, we attended the Thanksgiving Church Service at the All Saints Cathedral and it is also our honour to have Bishop Melter J Tais to have his sermon shared during the service.

GB Sabah 50th Thanksgiving Dinner was one of the highlights of our NOR this year. It was held at the Dewan Hakka, Kota Kinabalu with "cultural" being the theme for the night. It is great to see

officers dressed up in respective ethics costumes and enjoying the food and the programs. And of course, not forgetting to extend our appreciation to the NOR and GB Sabah 50th Anniversary Dinner committee and team members for their effort and hard work in organising the

event.

Last but not least, we also had something new and different during this NOR where officers' morning prayer was conducted in stations. There are stations where officers can be quiet before the Lord, to meditate and to pray. We also had stations for prayers writing where we can pray for GB and pray for our nation. We also encouraged prayer through drawing and colouring. We pray that all officers who came to encounter the Lord in different ways and knowing that God is working and speaking to us in all ways.

Written by,  
Lt. Cindy Chow



*Prayer writing to pray and petition for our nation and for GB.*



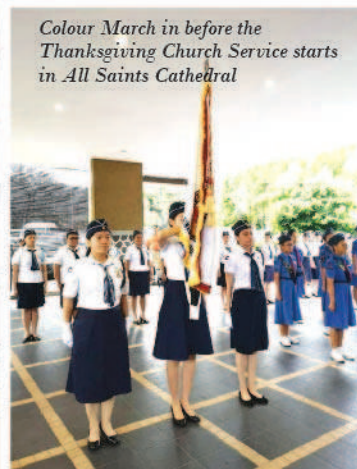
*Group photo taken during AGM 2019 in Sky Hotel, Kota Kinabalu.*



*Various performances during GB Sabah 50th Anniversary Dinner Celebration.*



*Kuching Group Council Officers in GB Sabah 50th Anniversary Dinner Celebration.*



*Colour March in before the Thanksgiving Church Service starts in All Saints Cathedral*



1ST SRI AMAN 20TH ANNIVERSARY



GB SABAH 50TH ANNIVERSARY



1ST SARIKEI 50TH ANNIVERSARY



3RD MIRI 20TH ANNIVERSARY



5TH KK 20TH ANNIVERSARY



1ST IPOH 60TH ANNIVERSARY HIGH TEA



# Celebrations and Thanksgiving



# Prayer Board



Lord Jesus, let Your holy spirit guide us in seeking, following and serving You. May I not put myself before You, Amen

Father God, I pray that we will be salt and light and Your vessel to do Your will. I pray for unity in GB and that GB will be fruitful and overflowing. In Jesus name. Amen.

Lord, pray for all our officers and girls to be in one heart, one spirit and one mind to follow You. Amen

Let us serve joyfully. May we, GB officers be like Jesus. Lord, may You increase and we decrease in our lives. Our days are numbered and I pray that every single moment will be for Jesus. Amen.

Terima kasih Tuhan untuk kasihmu yang begitu besar untuk kami. Biar Rohm uterus memimpin kami dengan kasihmu yang luar biasa agar kami terus berbuah lebat dan dapat dinikmati juga oleh orang lain, Haleluya. Amen.

为GBM的委员有聪明智慧来领导。有主耶稣的爱，彼此同心合一，兴旺主的福音。有委身的心来带领少女们归向主。为军官的身心灵和灵命的更新来带求。阿们。

全能的主耶和华，为着祢在马来西亚设立GB这个福音的平台，感谢祢。求祢大能的手托住这个事工。为着祢设立的领袖向祢祷告。求祢赐下合一的灵。求祢眺望每一个军官都看到人灵魂的珍贵。求祢来复兴每一个军官的生命，以至她们能成为祢合用的器皿。祷告奉耶稣基督名求，阿们。

Lord Jesus, grant GBM the inspiration, ideas, creativity, resources, teamwork and determination to truly impact lives, families, nation and the world this coming four years. Amen

Lord, thank you for GB ministry and Your abundant blessings. Raise up more laborers and warriors of Christ to reach out to companies who are short of officers. Make us Your vessel of blessings to touch the girls' lives.

Lord Jesus, we are not perfect, we pray that Lord, You help us to learn to accept one another, help us to love one another and help us to practice servanthood when we serve you. Father God, continue to use all of us so that we can serve you. Thank You Lord. Amen.

Tuhan, berkati GBM agar dapat membawa jiwa-jiwa puteri dari semua pelusuk agar menjadi anak Tuhan yang berjiwa kental dan berani bersaksi. Amen.

Tuhan Yesus, hambamu berdoa khusus untuk GBM. Tuhan berikan visi dan misi yang jelas dalam pelayanan ini, dengan dengan rencana dan kehendakmu. Berikan kekuatan, kesihatan, perpaduan, toleransi dan faham memahami bagi setiap ahli dan staf. Amen

父啊，求祢看顾GB事工，祈求更多的工人来收割。愿我有一颗愿意的心来付出。愿能天天背起十字架来跟随祢，让GB事工能在砂拉越发光作盐，能结果。

#### Editor's Note:

These are some of the prayers written by officers for Girls' Brigade Malaysia during our morning prayer at the prayer stations during our National Officer Retreat at Sky Hotel, Kota Kinabalu from 18-20 May 2019.

Girls: We are having camp? (excitement)

Captain & Officers: Yes, it is an Adventure camp in Lost World! That all of you need to set up tents for shelter and for sleeping! You will need to set up fire to cook for your own meals! You need to stay in a place which totally has no phone service and of course, no internet line too! No electricity too! You need to literally stay outdoor the entire camp, sleeping and sitting on the grass, looking at the stars, listening to the river flowing. You will be have chickens, geese, rabbits, dogs and cats as your new friends.

Girls: I want to go! Me too, me three, me four...

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And we had 42 of us! It was a super exciting adventure camp ever for the 2nd KKGB girls in North Borneo Lost World. We survived 36 hours without phone and electricity, drove through bumpy road, river and across jungle. We had Lion King's main characters as our group names!

Top Adventure activities:

- Setting up tents, girls get to sleep under the big blue sky, with beautiful stars above their eyes and beside the river.
- Build team spirit by having them to design name cards for their tent & create group cheers.
- Exploring the nature, girls were given tasks and had scavenger hunt around the campsite.
- Survival cooking that they learnt to set up fire, to wait for all groups to finish cooking before eating. Girls need to clean up their own utensils ever time after meal.
- Swimming in the conserved river – The 'Tagalsungai' River.
- BBQ dinner, campfire, performances by the girls and Bamboo dance (one of the Sabah's traditional dance)
- Girls get to touch and feed free-range chickens, rabbits and geese.

- Girls get to learn catch fish at the fish pond by using bamboo fishing rod
- We also had team building games
- And we had the farm fresh free range chicken and the fish that the girls caught for one of our lunches.

Not to forget, utmost grateful to our Abba Father in Heaven for He whom creates nature. The girls appreciated the nature, we worshiped and had devotion on God's creation. They learnt to give thanks for nature and God's creations, they also get to their build their team spirit as well as take responsibilities to own self and friends as they took care of each other. It's fun for us to go back to basic and be primitive.

The Officers are exhausted but its's all worth it as we are happy to observe Girls' lives transformed, God's world enriched. There are few of our introverts senior girls took part actively along and get to lead the little ones. Praise the Lord for the journey mercy, protections, joy and good weather.



We drove through bumpy roads. Girls set up own sleeping tents. Girls prepared own meals from scratch.

Girls having lots of fun! They get to play in the river, visit goose farm, fishing with bamboo rods and campfire!



Group Photo taken in front of the sleeping tents.





# Girls' Brigade Asia Fellowship Annual Meeting 2019

The GBAF annual meeting 2019 was held from 10-12 August 2019 at The Girls' Brigade Centre, Singapore. The meeting was attended by delegates from GB Malaysia, GB Singapore, GB Hong Kong, GB Philippines, GB Indonesia, GB Cambodia and GB Thailand. Chaplain Lau Mee Ting, Lt Violet Soon and Lt Tamie Chan represented GB Malaysia.

Some of us must be wondering, other than meetings all day long, are there any other interesting going on throughout the few days? This year, officers had a little fun time doing crafts. This session was led by Ms Lau Au Lan and Ms Sandi Chua from GB Singapore. Officers were required to decorate a wood storage box using paper napkins. The process was a little tedious and you need to have a little patience in order to complete it. We also get together and celebrated the birthday of Mrs Tay Poh Imm, the President of GB Singapore who is also the International Vice President for Asia. Officers enjoyed the fellowship and bonding session over dinner that night.

On Sunday, GBAF attended Sunday Service at Paya Lebar Methodist Church, Singapore. It is always blessed to see sisters from different parts of the world in GB family come together as one to serve the Lord.

Written by,  
Lt. Violet Soon  
Assistant National Secretary



*Officers enjoying the artwork*



*GB Malaysia's delegates with Ms Lim Bee Lan, Mrs Tay Poh Luan and Mrs Sally Chew.*



*Officers and their end product!*



*Group photo taken during Sunday Service at Paya Lebar Methodist Church, Singapore.*



Capt Avril Joane Soon (25y)  
AW May Lim (1y)  
1st Kuching

As mother and daughter, we are happy to be able to serve the Lord in the same ministry. I am blessed where all my daughters and I are part of GB and to share not only our joy but also burden together. I pray that not only May, but my other 2 daughters will be like her sister to serve together as a family in GB ministry from a GB girl to GB officer.

3rd KL  
Lt. Viji Naidu (18y)  
Capt Elizabeth Naidu (19y)

It's not hard to work together in ministry with your mum as you know each other all of your life. It's not a competition but a partnership. I have been in ministry (Sunday school) with my mum since I was 15 just like my mum has been in ministry with her mum since she was 12. We have our share of disagreements and difference of opinions but also share joys, and great laughter together.



1st Mukah  
Capt Connie Siew (20y)  
WO Lo Ning (1y)

When the girls first know that their Captain and I are mother daughter, they were shocked and asked me, "Why do you call her Captain, not mom?" I always call her "captain" or "madam" in GB because I respect her role as a Captain and at home I respect her as my mom. I am very grateful that my mom always give full support to my decisions and planning. She helps me through my hardship and gives advice when I lost direction. Often she reminds me to stay close to God and let Him take the lead. It is a love and safe journey from a Girl to and Officer.

Serving together with both my daughters have helped our mother-daughters relationship improved tremendously. Indeed both Evelyn and Banessa help me a lot in admin work. Sometimes I really "kesian" them but no choice, must listen to Captain's instruction 😊.



3rd Miri  
Lt. Evelyn Bong (3y)  
Capt Lau Mee Mee (3y)  
AW Banessa Bong (1y)



4th Miri  
Adv Nga Leh Huang (20y)  
Capt Elexa Wong (3y)

感谢主拣选让我们母女可以一起参与GB的服事，在同工的时候我们会彼此提醒和商量，有不会的也可以彼此学习，当然也少不了有意见不同的时候，但我们都是以服侍主为首要，所以也可以彼此妥协及接纳对方的意见，当面对挑战及软弱我们都会互相安慰互相鼓励，要坚持GB不容易，但愿我们都可以靠主的恩典在GB这条服侍的道路上刚强，坚持到底。

Our mother-daughter bond has been very close but serving in Girls' Brigade and God together brings us even closer. Having one another in the Juniors Section is a blessing to one another. I plan activities whilst my mum, being a retired teacher, keeps the girls disciplined. We always got each others' backs and balance each other out. And, I can proudly say we are the best team of all.



2nd Kuching  
Lt Sim Wan Lee (9y)  
Lt Wong Sze Ling (9y)

Editor's Note: The number of years indicated behind the name of officers reflect their years of service as GB officer.

# SHINING LEGACY... FROM MOTHER TO DAUGHTER

## THE JOURNEY OF 1ST KOTA KINABALU COMPANY OF THE GIRLS' BRIGADE

The Girls' Brigade Malaysia 1st Kota Kinabalu Company (1st KK) was formed in 1969 and this was how Girl's Brigade ministry started in Sabah. This company was attached to the All Saints' School and Mrs Seah was the first Captain of 1st KK. Girls were very much attracted by the smart GB uniform and the interesting activities and programs offered by GB.

Mrs Seah left the company in 1972, leaving 1st KK without a Captain for the next two years. Two lady teachers, Ms Nancy Chan and Mrs Tsen were teachers-in-charge during that period of time.

In 1975, after much discussions and considerations by Chaplain Rev. Yong Chen Fah, Mr Y Mathai ,principal of All Saints' School and Mr Anthony Fong, the former Captain of Boys' Brigade 1st Kota Kinabalu Company , it was agreed to transfer the sponsorship of the 1st KK GB to All Saint's Cathedral and 1st KK was to be attached to All Saint's Cathedral up to this day. The activities of the Junior section were conducted at All Saints School and we also had our weekly company meetings at All Saints' Cathedral Parish hall. Mrs Mida Yong was appointed as the

Captain of 1st KK from 1975 to 1976.

In 1976, we witnessed a series of historical events of 1st KK. The visit by Ms. Irene Wong, the Organizer for Girls' Brigade Malaysia had path the way for the inception of the new award system and abolishment of the rank system. Few pioneer girls attended the Leadership Training courses and became the first batch of Young Leaders assisting the Captain & officers in the growth of the company.

We give thanks to God for the commitments of captains and officers towards GB ministry in grooming girls to be leaders and followers of Jesus Christ over the past decades. As we reflected back on the past 50 years of the 1st KK GB, we give praises and glory to God for His faithfulness, guidance and goodness. He leads 1st KK GB over the years and we entrust the Company into His Hands as we continue to lead and guide the girls to become future leaders and followers of Jesus Christ.

Written by,  
Advisor Yen Pau Jin  
1st Kota Kinabalu Company



*Photo taken with  
Bishop Melter J Tais  
after GB Sabah  
50th Anniversary  
Thanksgiving Service  
at All Saints' Cathedral  
on 19.05.2019.*

*Editor's Note: Let's continue to keep GB Sabah in prayer and thank God for His faithfulness.*

# GBID

## Girls' Brigade International Day of Prayer



June is the month where Girls' Brigade Worldwide comes together to pray and we have Girls' Brigade International Day of Prayer (GBIDP) where members of the Girls' Brigade would gather as a family in Christ to pray. In Malaysia, GB companies are required to schedule a day for prayer.

Ever wonder why is it June?

It was on 10th June, 1968 when the three organisations, The Girls' Brigade (Ireland), The Girls' Guildry (Scotland) and The Girls' Life Brigade, from a journey of pioneering that began in 1893, came together to form The Girls' Brigade! The Girls' Brigade has been and still is a Responsive, Relational and Relevant Christian Mission focused on the Girl Child. So on the birthday month, we PRAY together for The Girls' Brigade to stand in the gap and reach out to the girls and young women who have no knowledge of the gospel of hope.

### **Editor's Note:**

Above information is extracted from Girls' Brigade Worldwide website and photo shown are GBIDP held in 2019 across different parts of Malaysia.